

Premise Health.



**Have you explored
the You Belong
page lately?
You should!**

There's never been a better time than now to join a Team Member Resource Group! Complete [this form](#) and join us for the fun, connection, and community.

Don't forget about the previous editions of The Gateway Series to cover as many experiences across identity as we can together.



**DEIB Gateway Series July 2025
Disability Pride Month**

This month, we honor Disability Pride Month—a time to recognize, uplift, and celebrate the many voices, identities, and talents within the disability community. This isn't just a month of awareness—it's a month of affirmation. A time to say clearly: We see you. You belong here. You are not alone.

Disability Pride Month was born from the landmark signing of the Americans with Disabilities Act (ADA) in July 1990—but it's grown into something much more. It's a celebration of identity, visibility, and the right to live and lead with confidence and pride.

Disability Pride disrupts the idea that inclusion is something we offer when it's convenient. It demands that inclusion be non-negotiable—a baseline, not a bonus. It challenges us to build systems, cultures, and communities where access and equity aren't just considered—they're expected.

When we talk about Diversity, Equity, Inclusion, and Belonging, disability must be part of the conversation—not as an afterthought, but as a powerful force within it. Disability is not rare—it's part of every community, industry, and family. It can be visible or invisible, permanent or temporary, neurodivergent or physical—and it deserves to be recognized, respected, and valued. And because disability intersects with race, age, gender, language, mental health, and more, real inclusion means seeing the whole person—not just one part of their identity.



READ

[We Belong Here and We're Here to Stay](#)

[All About DPM](#)

[What You Should Know About the Month](#)

[18 Best Books with Disability Representation](#)

[10 Great Small Businesses to Support](#)

Spend some time exploring these resources on your own, within your work groups, and even with your families!

EXPLORE

[WATCH: Self-Love](#)

[Cooking for All: Recipes for People with Disabilities](#)

[Tips for the Newly Disabled](#)

[How to Celebrate](#)

[Become a Disability Ally](#)

[Team Member Resource Groups](#)



FAMILY RESOURCES

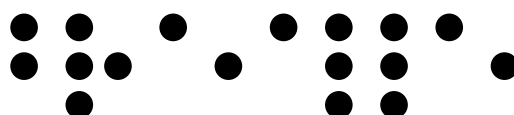
[Parent Hub: Intellectual Disability](#)

[Services for Children with Disabilities](#)

[Parent Guide](#)

[WATCH: What You Can Learn from Parents with Disabilities](#)

[Book Picks for Kids for DPM](#)



Disability Pride Month encourages all of us to:

- Celebrate disability as an identity and community—not something to be hidden, minimized, or “fixed”
- Center the voices and lived experiences of people with disabilities
- Acknowledge the diversity within the disability community—including race, gender, age, and sexuality
- Advocate for accessibility, inclusion, and equity—not just in policy, but in everyday practice and culture

What does Disability Pride look like in action?

- It means taking up space
- It means designing with everyone in mind from the start—not retrofitting access as an afterthought
- It means asking “Who is missing?” and being bold enough to change the answer
- It means choosing curiosity over assumption
- And it means creating a culture where everyone is supported to work, lead, and live fully as themselves

*Support
Disabilities
Rights*

At its heart, Disability Pride Month is a powerful reminder: Disability doesn't hold us back.

It pushes the world forward.



Reflect

Now spend some time thinking and talking on your own and together as we reflect together on this month's topic.



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This month, we challenge you to reflect:

- **When you think of accessibility, what's the first thing that comes to mind? Who might be left out of that definition—and how can you expand it?**
- **How often do you adjust your communication or work style to support people who process, move, or learn differently?**
- **What daily workplace habits—email formatting, meeting cadence, camera use—could you shift to be more inclusive by default?**
- **Are there assumptions you've made about what a "qualified" or "professional" person looks like? Where did those ideas come from?**
- **What would it look like for disability inclusion to be part of everything we build—from policy to culture to leadership?**

As always, feel free to choose your own adventure and don't forget to tell us all about it!



Respond

Now let's turn those good intentions into impacts!

Spend some time engaging this month's challenges to put our learning into practice and feel free to create your own.

We would love to hear about the awesome work you're doing.

Email us at
YouBelong@PremiseHealth.com

