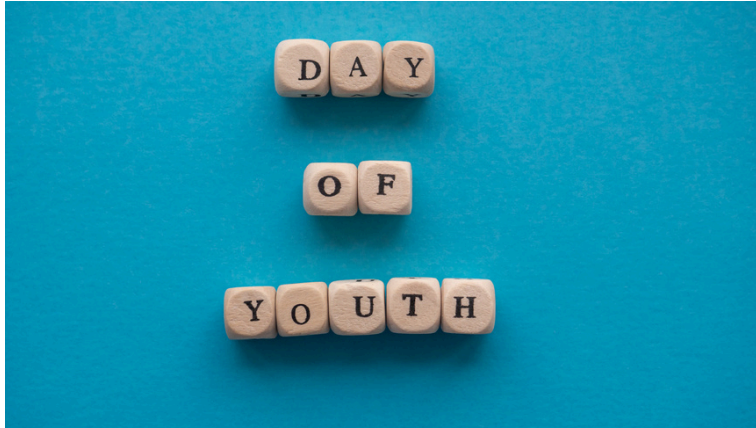


International Youth Day

DEIB Gateway Series



UN Secretary-General Antonio Guterres said, “Achieving the Sustainable Development Goals requires a seismic shift- which can only happen if we empower young people and work with them as equals.”

Half of the people on our planet are 30 or younger, and this is expected to reach 57% by 2030. The most hopeful and optimistic among us about a better future? 15 to 17 year olds! And, more than 2/3 of people across all age groups agree that more opportunities for younger people to have a say in policy development and change would make political systems better.

International Day of Youth was created to focus on partnering with youths across the world toward achieving innovation, collaboration and a better sustainable future.



Have you explored the You Belong page lately? Make sure you don't miss:

Interested in joining a Team Member Resource Group? Fill out [this form](#) and don't miss out on the fun, connection, and community.

Head to the You Belong page where you will find the Q2 Leader Toolkit. This quarter, it's all about fairness!

Don't forget about the previous editions of The Gateway Series to cover as many experiences across identity as we can together.



Spend some time exploring these resources on your own, within your work groups, and even with your families!

READ

[How to celebrate International Youth Day](#)

[Remarkable books written by teen authors](#)

[Check out Forbes list of 30 under 30 Changemakers](#)

EXPLORE

[United Nations International Youth Day 2024](#)

[Watch: The UN Celebrates International Youth Day](#)

[Watch: What happens on Youth Day?](#)

[10 young people who have changed the world](#)



Family Resources

[From Clicks to Progress WEBINAR August 12](#)
[12pm CST](#)

[Watch: A Celebration of International Youth Day](#)

[Finding Effective Youth Programs](#)

The data is clear, we are rapidly marching toward a landscape in which the majority of our population will be under the age of 30. And much like other groups underrepresented in politics and places of power, we are missing out on the unique gifts, talents, and abilities that this group of people can bring to every aspect of our lives!

This is a great time to think about underrepresentation and its impacts. Is it a coincidence that older youths feel less hopeful, finding themselves left out of popular and political discourse? What is it like to represent half of the people on the planet and have single digit percentage point representation in positions of power around you? Is it possible to feel heard, seen, valued, and reflected as decisions are made around and for you?

Are we suggesting that we lower the driving age? Of course not! Are we suggesting that youths all over the world have thoughts and ideas that can change and improve the world? Absolutely!

How do we make space at the table for more representation across the board, and for youths in particular? How can we tailor those spaces to support their unique needs? How do we empower new generations to stand up, speak up, and show up? When we increase representation of everyone, we increase the benefits for everyone too!



Reflect

Now spend some time thinking and talking on your own and together as we reflect together on this month's topic.





Challenge #1: Spend some time in our family or work group focusing on a particular area of life, healthcare for example, and explore the innovators and innovations brought to you by those 30 and under. You just may be surprised how many you find! Share what you find with your group and continue to expand your knowledge about the contributions of this and other groups to the world around us.

Challenge #2: What does representation and a seat at the table really look like? Are we cultivating work and family spaces where everyone, including the younger folks among us, can be heard and seen? What are some small ways that we can increase that? Is it a conversation about improving communication or improving systems for everyone to have a voice? Is it giving voice to and exploring barriers to that access for different groups, including those 30 and under? What can you discover and what can you put in place to respond and grow?

As always, feel free to choose your own adventure and don't forget to tell us all about it!

Respond

Now let's turn those good intentions into impacts! Spend some time engaging this month's challenges to put our learning into practice and feel free to create your own.

We would love to hear about the awesome work you're doing.

Email us at YouBelong@PremiseHealth.com

