Unilever Future Careers

Future Careers Opportunities | 2025/2026

Unilever Future Leaders Programme (**UFLP**)

Unilever Industrial Placement Programme (IP)

Apprenticeships







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We are Unilever.

We are 128,000 people across the world. We have many brand names in over 190 countries. We are a global company with a global purpose. We are brightening every day life for all. On any day, 3.4 billion people use Unilever products to look good, feel good and get more out of life – giving us a unique opportunity to build a brighter future. We're looking for talented graduates and students who can challenge the way things are done, bring new ideas to the table, and dare to make big decisions to help us achieve our vision.

At Unilever Research & Development (R&D), our world-leading scientists find answers to problems and turn them into products consumers want to buy. In 2023 alone, new product innovations developed by our experts added €1.8 billion to our turnover. From laundry detergents that perform in short wash cycles to hair care ranges that get to the root of damage and bring back shine, we're innovating for growth, and this takes place at our state of the art R&D site in Port Sunlight.

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Our state-of-the-art Research & **Development site in Port Sunlight UK**

Our Vision + Purpose

Established over 100 years ago, we are one of the world's largest consumer goods companies. We are known for our great brands and our belief that doing business the right way drives superior performance.



60.8

billion euros turnover in 2024



400+



75% turnover from 30

Power Brands



190+

countries where our products are sold



billion people use our products daily



58%

turnover from emerging markets

We are proud that 97.5% of our palm oil, paper and board, tea, soy, and cocoa order volumes were independently verified as deforestation-free by the end of 2023. We are proud of the impact we achieved, and of the change we are driving across the industry.

Business Groups

Our 400 brands around the world are on a global mission to do good. It's been our goal - and part of our business - for over a hundred years. There's still lots to do, but together, we can brighten every day life for all. Our brands operate in 4 Business Groups, each with a clear vision laddering up to our purpose.





Beauty & Wellbeing

We believe in Positive Beauty, Healthy Lifestyles. We're embracing a new era of beauty and wellbeing.

One that's inclusive.

Equitable. Regenerative. Positive.

- Brands you may know: Dove, Tresemme and Vaseline
- Turnover: €12.5 billion in 2023



Home Care

Superior. Sustainable. Great value.
Clean Future is our strategy to tap into a vast segment of consumers who want easy and delightful experiences with products that are sustainable and, importantly, great value.

- Brands you may know: Persil, Domestos, Cif and Comfort
- Turnover: €12.2 billion in 2023



Foods

We are a Force for Good in Food. We strive for a future where our food system can put good food on 10 billion plates while caring for our planet.

- Brands you may know: Hellmann's, Pot Noodle and Marmite
 - Turnover: €13.2 billion in 2023



Personal Care

We believe in caring for people and planet. Through our brands, we're taking action to drive positive change.

- Brands you may know: Sure, Dove, Lifebuoy and Lynx
 - Turnover: €13.8 billion in 2023

Product Lifecycle

How does everything come together?

None of these functions can work without people, policies, tech and finance. So how do they fit in?

Sustainability

We believe that sustainable business drives superior performance and through our work, we seek to make sustainability a core in our business with all our brands.

The sustainability function plays a critical role in providing strategic leadership, global partnerships, advocacy capabilities, and subject matter expertise. Sustainability aids the business in delivering growth whilst driving transformational change at scale for all of our products across all busi-

ness groups.

Marketing

Identifies the consumer needs and market opportunities.

Research & Development

Scientists work with Marketing to explore the feasibility of creating a product that will meet those needs and turn science into products consumers love.

Supply Chain

Assesses the capability of producing the new product at scale and distributes the product to our consumers.

Customer Development

Sells the products to our customers and develops strategies to promote the product. Customer Development is at the forefront of the business.

Legal

None of this process could happen without the help of Legal. They ensure that all business operations run smoothly as part of the Unilever Global Business Integrity team, working on global areas of the business. Legal assist in a range of matters and work to ensure that all business operations are carried out with integrity.

Finally it goes without saying that everyone has a part to play when it comes to sustainability, we strive to do more good for our planet and our society and this underpins everything we do!

Tech

Touches every area of the business providing internal core services and enabling Unilever to respond to the big technological challenges all businesses face these days. Tech enables Unilever to win in the marketplace.

Finance

Are an integral part of the business that make strategy and investment decisions and bring digital insights and business analytics to the table. Finance enables the business make better informed choices and ensure that product development is financially viable.

HR

The above cannot happen without the right people in the right place at the right time supported with inclusive policies and practices to thrive. We are only as good as our people.

Vaseline

Communications

The Communications and **Corporate Affairs function** is a specialist global team which spans Unilever's five business groups, the corporate centre, and our markets - it is crucial in all products lifecycles. From planning, delivering and communicating corporate strategy through managing reputational issues and advocating for systemic change, everything they do strives towards strengthening trust in our brands, our company and our people.

Our Values

Our values define how we do business – with integrity.

We expect everyone at Unilever to be an ambassador for our high ethical standards. We want to create an environment where employees not only live our values in their own work – integrity, respect, responsibility and pioneering – but are vigilant in identifying potential concerns, and confident about speaking up in such situations.

f 8

United Kingdom

Unilever is one of the world's most global companies based in the UK. From the opening of William Lever's Sunlight Soap factory in Port Sunlight in 1888, to Unilever brands being available in 190+ countries today, as Unilever has grown, so has our UK business. The UK is not only our historic home but also home to our Global head office and some of our largest factories and innovation hubs.



Over

90

years operating in the UK and Ireland



98% of UK households



Over

6K

employees in our factories and offices



Over

80 brands in

our market





I was first drawn to Unilever due to their unwavering commitment to sustainability, and every day here has only reinforced my decision. From the very start, I've been trusted with great responsibilities, treated as a valued member of my team and have been given opportunities to make real contributions. Being an Apprentice here never means you're just an apprentice. The prospects to learn and grow are invaluable, and I'm continually inspired by the brilliant people I work with.

Jake Fernandes Level 4 Shopper Marketing Apprentice

Equity, Diversity & Inclusion Commitments

We're committed to building an inclusive culture where everyone working at Unilever, without exception, feels able to bring their complete and authentic self to work. We want all our employees to thrive every day irrespective of ethnicity, ability, sexual orientation, or gender.

To grow the best teams and future leaders, and to serve shoppers with the best products, we need to build brands and teams that reflect the diversity of the world we live in. In the UK, we acheived 50/50 gender balance in managerial roles in 2017 and we achieved this globally in 2020.

Read more about ED&I at Unilever





In the UK, we are proud to have been recognized for the following:











Hear from our recent Future Careers Employees

Connect With Us

We're always looking to connect with those who share an interest in a sustainable future.













2. Future Careers Programmes

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Each section covers:

- Overview
- Programmes Offered
- How to Apply
- Benefits



Whether you're in school, college or university, we offer a range of programmes that will get you ready for the world of work. This is an opportunity to lead positive change by starting your career in a company driven by sustainable, ethical and brand-led action. Alongside the chance to do impactful work, this is a place you can create strong roots, where you can build a supportive network and explore your next steps, together.



Unilever Future Leaders Programme

The Unilever Future Leaders Programme (UFLP) is a 3-year scheme designed to prepare graduates for business leadership roles. The programme consists of a number of placements within and across functions, formal training, and business mentorship.

All our UFLP applicants must be geographically mobile, as you will complete a number of rotations whilst on programme, and we may ask you to relocate around the UK for exciting new roles and opportunities.

Our UK Locations



- 100VE (100 Victoria Embankment) in Blackfriars. Home to our Global Headquarters.
- Kingston Our new office is due to open 2026. Our vision is to create a highly sustainable and inclusive campus putting wellbeing and community at the heart of the experience.
- Leeds Home to the manufacturing of deodorant.
- **Port Sunlight** Home to everything research and development and the production of home care and hair care.
- **Crumlin** Home to the production of the Pot Noodle.
- **Burton** Home to the production of condiments such as the famous Marmite.

Unilever Future Leaders Programme

Finance

Your Skills

- Analytical
- Enthusiastic
- Dedicated

The Role

- Gain experience in finanical management accounting
- Work across local, regional, and global teams in a range of finance roles

Duration

 3 years (3, 12-month rotations)

Cyber Security



Your Skills

- Passion for Technology
- Team Player
- Forward-Thinking

The Role

- Develop expertise on mitigating Cyber Risk
- Learn how to deploy cyber mitigations and how to build awareness of risks

Duration

 3 years (6, 6-month rotations)

Technology Management



Your Skills

- Passion for Technology
- Team Player
- Forward-Thinking

The Role

- Develop technology expertise throughout a variety of rotations
- · Learn a variety of agile methodologies to innovate and transform technology

Duration

• 3 years (6, 6-month rotations)

Data & Analytics



Your Skills

- Passion for Technology
- Team Player
- Forward-Thinking

The Role

- Gain experience in cutting-edge cloud and AI technologies
- Learn a variety of skills related to data-analytics, science, engineering and more

Duration

 3 years (3, 12-month rotations)

Unilever Future Leaders Programme

Supply Chain

Your Skills

- Analytical
- Team Player
- Quick + Strategic Thinker

The Role

- Develop an understanding of supply chain management
- Make an impact across Europe and the globe

Duration

3 years(4-6 rotations)

Customer Development



Your Skills

- Initiative
- Passion
- People-Person

The Role

- Gain experience managing relationships with key-retailers
- Build partnerships with wide range of customers

Duration

3 years(3, 12-month rotations)

Human Resources



Your Skills

- Passion for People
- Motivated
- Dedicated

The Role

- Gain experience in driving culture, employee relations, and more
- Make an impact shaping the future of the organisation

Duration

3 years(4-6 rotations)

Marketing



Your Skills

- Creativity
- Ambition
- Analytical

The Role

- Develop an understanding of brand-building and development
- Examine data, forecast finances, and more

Duration

• 3 years (3, 12-month rotations)



Research &

Development

Your Skills

- Motivated
- Ambitious
- Forward-Thinking

The Role

- Develop an understanding of deploying leadership skills
- Develop an understanding of consumer wants and needs

Duration

3 years(5 rotations)

How to Apply

Unilever Future Leaders Programme



STEP 1 Online Application

Complete the online application form. It is a simple and easy process with the option of filling out your details using your LinkedIn profile. You may only apply to one function in your application.



STEP 2

Profile Assessment

Complete two stages of profile assessment; a portraits personality test and an online assessment. These are designed to look at different elements of your cognitive, emotional and social traits. You will receive personalised feedback after completing each stage.



STEP 3

Digital Interview

The digital interview will consist of 3 short questions followed by a business case. You will be asked to solve real-world problems using Unilever scenarios. You'll be able to record and complete your interview anytime and anywhere.



STEP 4

Discovery Centre

You will be invited to a 'day in the life' of a Future Leader at Unilever.

You will get to experience a face to face day filled with a number of exciting activities including project meetings, business challenges and a team meeting with Unilever colleagues.

Benefits

At Unilever, our purpose is to brighten every day life for all. We are working to build a better business and a better world. We can only achieve this purpose when our people are at their best – which is why our flexible rewards and benefits are designed to support you and your development.

"I joined Unilever having completed a degree in History. Despite having no experience in the corporate world-or tech-I have always felt at home. The Future Careers Programme has made me feel so welcome since I started, and I couldn't have asked for a more considerate introduction to the working world. On a personal front, the UFL Programme has been instrumental to my success; I have met friends and mentors who I want to maintain for life. One standout project for me has been working within tech sustainability, where I have been heavily involved in working towards Net Zero at Unilever!"

-Greg Black Technology UFLP





Competitive Reward

When you join Unilever, you will start on a competitive salary of £35,000. UFLPs also receive an annual bonus and commitment to annual pay reviews. UFLs also receive a Benefits Envelope which has a notional value of 25% of your pensionable earnings - use it to save for your pension, get extra taxable pay or both.



Relocation

We will provide relocation support for your first placement with us and a £5,000 interest free loan repayable over a 3-year period.



Learning and Development

Together we'll help you to accelerate your learning and development through hands-on experience, mentoring and support for further education and professional qualifications if required.



Health and Wellbeing

We provide on-site gym facilities, regular health checks and an extensive suite of mental health resources.



Hybrid Working

Depending on your programme and office-based status, you are required to spend at least 40% of your working week in the office to collaborate with your team/ business. For certain roles, such as those in the factory, you will be expected to be on-site throughout the entire working week. Unilever promotes a hybrid approach whenever possible to provide greater flexibility and work-life balance, as long as business needs are met. Please note that you are expected to live within a commutable distance from your office location.



Holidays

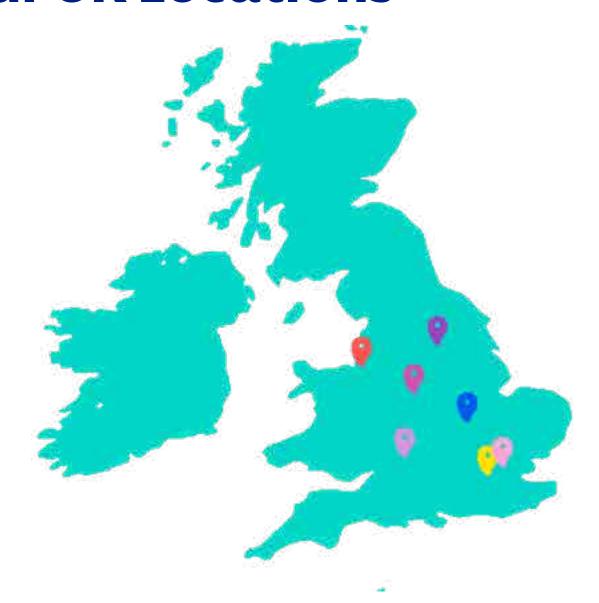
We offer 25 days' holiday plus bank holidays. Our inclusive interchangable bank holiday policy allows you to switch a UK bank holiday with an alternative cultural or religious holiday that is significant to you.



Unilever Industrial Placement Programme

The Unilever Industrial Placement programme is a 12-month placement in a specific function starting in June. This is for students finishing their penultimate year, who will return to University post placement. The 12-month placement enables you to learn on the job with real responsibilities, alongside a Unilever manager.

Our UK Locations



- 100VE (100 Victoria Embankment) in Blackfriars. Home to our Global Headquarters.
- Kingston Our new office is due to open 2026. Our vision is to create a highly sustainable and inclusive campus putting wellbeing and community at the heart of the experience.
- Colworth Our Colworth site is a world-class Research & Development hub, and is a leader in safety and sustainability science, driving innovations that reduce emissions, improve energy efficiency, and minimize plastic use.

- **Leeds** Home to the manufacturing of deodorant.
- **Port Sunlight** Home to everything research and development and the production of home care and hair care.
- **Crumlin** Home to the production of the Pot Noodle.
- **Burton** Home to the production of condiments such as the famous Marmite.

Unilever Industrial Placement Programme

Supply Chain

Your Skills

- Technical in STEM
- Analytical
- Ambitious

The Role

- Gain experience launching new innovations
- Develop skills to deliver sustainable engineering products at one of UK facilities

Duration

• 12 months

Finance

Your Skills

- Analytical
- Dedicated
- Enthusiastic

The Role

- Analyse data to uncover insights to business groups
- Develop communication skills to translate financial insights to drive meaningful actions

Duration

• 12 months

Marketing

Your Skills

- Creative Flair
- Organized + Analytical
- Forward-Thinking

The Role

- Develop Unilever products' personalities and bring them to life via creative campaigns
- Researching trends to plan digital marketing campaigns

Duration

• 12 months

Legal

Your Skills

- Motivated
- Team Player
- Detail-Oriented

The Role

- Assist in the development of business policies and procedures
- Collaborate with various teams to ensure compliance with Unilever regulations

Duration

12 months

Communication & Sustainability

Your Skills

- Digital Communication
- Team Player
- Quick + Strategic Thinker

The Role

- Develop media stories covering Unilever's innovations
- Work with brands to manage the impact on Unilever's reputation
- Roll out global campaigns

Duration

12 months

Customer Development

Your Skills

- Ambitious
- Passion
- People-Person

The Role

- Gain experience managing relationships with key-retailers
- Develop and execute brand & customer strategies

Duration

12 months

Human Resources

Your Skills

- Passion for People
- Analytical
- Creative

The Role

- Gain experience in driving culture, employee relations, developing individuals, and more
- Drive change and improve performance

Duration

• 12 months

Technology Management

Your Skills

- Passion
- Ambition
- Strategic-Thinker

The Role

- Gain exposure to real business challenges
- Gain understanding of sourcing and distribution of our brands

Duration

12 months

Research & Development

Your Skills

- Motivated
- Ambitious
- Forward-Thinking

The Role

- Develop research skills to gain insight into consumer wants + needs
- Make an impact globally by uncovering insights + solutions

Duration

• 12 months

How to Apply

Industrial Placement Programme



STEP 1

Online Application

Complete the online application form and tell us about your motivation for choosing Unilever and your selected programme. It is a simple and easy process.



STEP 2

Online Assessment

If your online application is successful, you will be asked to complete some online assessments designed to look at different elements of your personality, motivations and cognitive ability.



STEP 3

Digital Interview

If your online assessments are successful, you will be invited to complete a digital interview.



STEP 4

Virtual Discovery Centre

You will be invited to spend a virtual day in the life with us, immersing yourself in business challenges.

Benefits

At Unilever, our purpose is to brighten every day life for all. We are working to build a better business and a better world. We can only achieve this purpose when our people are at their best – which is why our flexible rewards and benefits are designed to support you and your development.





Competitive Reward

When you join Unilever, you will start on a competitive salary of £26,107.25 as an IP and are eligible for an end of placement bonus



Learning and Development

Together we'll help you to accelerate your learning and development through hands-on experience, mentoring and support for further education and professional qualifications if required.



Health and Wellbeing

We provide on-site gym facilities, regular health checks and an extensive suite of mental health resources.



Holidays

We offer 25 days' holiday plus bank holidays.



Hybrid Working

Depending on your programme and office-based status, you are required to spend at least 40% of your working week in the office to collaborate with your team/ business. For certain roles, such as those in the factory, you will be expected to be on-site throughout the entire working week. Unilever promotes a hybrid approach whenever possible to provide greater flexibility and work-life balance, as long as business needs are met. Please note that you are expected to live within a commutable distance from your office location.



Apprenticeship Programme

Our apprenticeship programmes allow people from all backgrounds to find their purpose and rise to their full potential, whilst learning invaluable skills and earning a wage.

All our programmes offer you on the job experience and formal training to give you the knowledge and skills to fire-up your career and give you the opportunity to work towards nationally recognised qualifications.

From the engineers in our factories, to the scientists in our research and development sites; producers of brand artwork to those creating mobile optimised websites; our apprentices bring fresh ideas and deliver innovative ways to meet the everyday needs of our consumers, helping them to rise to their full potential.

Our UK Locations



- 100VE (100 Victoria Embankment) in Blackfriars. Home to our Global Headquarters.
- **Kingston** Our new office is due to open 2026. Our vision is to create a highly sustainable and inclusive campus putting wellbeing and community at the heart of the experience.
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Apprenticeship Programme
Business & Technology | Levels 3-4

Digital Marketing

Level 3

Requirements

 Have/Predicted 5 GCSEs including English and Maths at grade 4+

The Role

- Define, design, & build campaigns across online tools + social media platforms
- Work alongside team to develop marketing campaigns

Duration

• 15-18 months

Business & Data Administration

Level 3

Requirements

 Have/Predicted 5 GCSEs including English and Maths at grade 4+

The Role

- Develop & improve a range of business services via an introduction to business management
- Learn important skills to be successful in the workplace

Duration

15-18 months

Project Management

Level 3

Requirements

- Have/Predicted GCSEs including English and Maths at grade 5+
- Have/Predicted one A-level/equivalent

The Role

 Develop good planning, organisation, leadership, management, and communication skills to successfully support the implementation of projects

Duration

• 18-24 months

Professional Accountancy

Level 4

Requirements

- Have/Predicted minimum of 2 Bs + 1 C at A-Level including Maths/equivalent
- GCSEs/equiv. level 4+ in Maths/English

The Role

- Create, verify, and review accurate and timely information for finance teams
- Learn and develop skills for navigating financial systems and processes

Duration

• 18-24 months

Data Analyst

Level 4

Requirements

- Have/Predicted GCSEs including English and Maths at grade 5+
- Have/Predicted one A-level/equivalent

The Role

- Master data wrangling and analysis techniques
- Develop an understanding of data science, including Python and machine learning

Duration

• 18-24 months

Apprenticeship Programme Business & Technology | Level 6

Digital Marketing Degree

Level 6

Requirements

- Have 5 GCSEs including English and Maths at grade 5+
- Have/Predicted 3 A-levels at B,C,C grades/ equivalent

The Role

- Define, design, & build campaigns across social media platforms
- Work alongside teams to develop campaigns, while working towards a degree

Duration

3-4 years

Digital & Technology Solutions Degree: Cyber

Level 6

Requirements

- Have 5 GCSEs including English and Maths at grade 4+
- Have/Predicted 3 A-levels at B,B,B grades/ equivalent, or level 3 in IT-related subject

The Role

 Join a Cyber Security Risk Management team to complete 3 placements: Business Engagement, Governance & Risk, & Architecture

Duration

3-4 years

Digital & Technology Solutions Degree: Consultancy

Level 6

Requirements

- Have 5 GCSEs including English and Maths at grade 5+
- Have/Predicted 2 A-levels/equivalent

The Role

- Join UniOps to provide core services enabling Unilever to tackle technological challenges
- Work with tech partners like Microsoft, Amazon, and SAP to drive global programmes

Duration

3-4 years

Chartered Management Degree

Level 6

Requirements

- Have/Predicted GCSEs including English and Maths at grade 4+
- Have/Predicted 2 A-levels/equivalent

The Role

- Develop skills to become a chartered manager in consumer goods industries
- Complete a programme in variety of areas including Marketing, HR, and Supply Chain

Duration

3-4 years

Data Science Degree

Level 6

Requirements

- Have minimum 5 GCSEs including English and Maths at grade 5+
- Have/Predicted 3 A-levels including Maths

The Role

Develop skills to find information in diverse data sets to address complex problems and learn skills in computer science, statistics, data analysis and much more

Duration

3-4 years

B2B Sales Degree

Level 6

Requirements

- Have minimum 5 GCSEs including English and Maths at grade 4+
- Have/Predicted 2 A-levels/equivalent

The Role

- Ideal for candidates looking to learn sales
- Develop technical skills, be a part of a larger sales team, all while gathering valuable work experience

Duration

3 years

Apprenticeship Programme Research & Development | Level 6

Food Professional

Level 6

Requirements

- Have GCSEs including English and Maths at grade 5+
- Have/Predicted a minimum of 3 A-levels with BBC, two of which should be a STEM subject

The Role

- Developing new products for the global market
- Delivering world class innovations in great tasting drinks
- Working on sustainable ideas, new science and great inventions

Duration

• 5 years

Data Science

Level 6

Requirements

- Have GCSEs including English and Maths at grade 5+
- Have/Predicted a minimum of 3 A-levels with BBC or above (including Maths and another STEM subject)

The Role

- Support the innovation and the development of new products
- Analyse information in diverse data sets to address complex problems, while developing models and tools

Duration

3-4 years

Laboratory Scientist

Level 6

Requirements

- Have GCSEs including English and Maths at grade 5+
- Have/Predicted minimum 3 A-levels/equivalent at grade B+, including Chemistry

The Role

 Apply Chemistry knowlege and scientific understanding to carry out technical and scientific activities including the development of new products

Duration

4 years

Packaging Professional

Level 6

Requirements

- Have GCSEs including English and Maths at grade 5+
- Have/Predicted 3 A-level /equivalent with grades B,B,C+ including 2 STEM subjects

The Role

 Work in different packaging functions to develop skills in Packaging Excellence, Design, Sustainability and Innovation

Duration

5 years

How to Apply

Apprenticeship Programme



STEP 1

Online Application

Complete the online application form and tell us all about your motivation for choosing Unilever and your selected programme. It is a simple and easy process.



STEP 2

Online Assessments

Upon successful completion of your application form, you will be invited to complete a numerical and verbal reasoning assessment alongside a situational judgement test, which gives you realistic, hypothetical scenarios where you will be asked to identify the most appropriate response.



STEP 3

Discovery Centre

You will be invited to spend a day with us in person, immersing yourself in Unilever business challenges.

Benefits

At Unilever, our purpose is to brighten every day life for all. We are working to build a better business and a better world. We can only achieve this purpose when our people are at their best – which is why our flexible rewards and benefits are designed to support you and your development.

"I value the responsibilities I have been given as an apprentice, far more than I had expected, working alongside people at all levels of the business. Unilever encourages self-development alongside formal job roles, and has flexible working practices which support people in different circumstances."

> -Momeena Khatun Level 6 Digital and Technology Solutions Apprentice





Competitive Reward

When you join Unilever, you will start on a competitive salary of £17,401 - £22,716 depending on programme and location.



Learning and Development

Together we'll help you to accelerate your learning and development through hands-on experience, mentoring and support for further education and professional qualifications if required.



Holidays

We offer 25 days' holiday plus bank holidays. Our inclusive interchangable bank holiday policy allows you to switch a UK bank holiday with an alternative cultural or religious holiday that is significant to you.



Health and Wellbeing

We provide on-site gym facilities, regular health checks and an extensive suite of mental health resources.



Hybrid Working

Depending on your programme and office-based status, you are required to spend at least 40% of your working week in the office to collaborate with your team/ business. For certain roles, such as those in the factory, you will be expected to be on-site throughout the entire working week. Unilever promotes a hybrid approach whenever possible to provide greater flexibility and work-life balance, as long as business needs are met. Please note that you are expected to live within a commutable distance from your office location.

3. Hear from those who started at Unilever on our Future Career Programmes!

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Top Tips

What do our recruiters look out for?

We want to hear why you've chosen to apply to Unilever. Share with us your values and strengths, and tell us how they align with Unilever's goals and the function you've chosen. We can't wait to learn more about you.

3 Common Interview Questions

The most common interview questions are compentency based which often follow "tell me about a time when..." To prepare for your interview we recommend looking at our core behaviours and preparing examples aligned to these.

Practice, practice, practice, the common interview technique is the 'STAR' method, which is situation, task, action, result, so practice structuring your answers in this way and focusing on what it was that you did to drive the impact and where possible quantify this.

2 What does it take to be successful at Unilever?

You are there to make an impact from day one in your role. Remember to take opportunities, bring suggestions and put your hand up for anything that may come your way. You are in control of your own career path, bring your best self and be willing to learn!

4 Interview Top Tips

Be yourself! We do not use AI when reviewing your application and a member of the recruitment team carefully reviews each and every application. We want to get to know about you and what drives you. Make sure you have done your research and are up to speed with what is happening at Unilever. We recommend that you look at our products whether that is in store, online or a recent campaign, and come prepared with your view.

You will join us for an assessment day whether that be in person or virtually, remember it is not designed to trip you up but for us both to assess if the opportunity is right for you. Remember to read all the information given to you carefully. And most importantly, enjoy the process!

Success Stories





I joined Unilever in 2018 on the Industrial Placement programme, working as part of the Global Domestos Marketing team. During my placement year I had the opportunity to lead some cutting-edge innovation projects for our toilet blocks categories, working with an incredible cross-functional team to understand current consumer problems and design solutions that could offer them superior solutions & experiences, and then landing these in partnership with our top European markets. Fast-forward 5 years and I've found myself back in the Global Homecare team, this time working on laundry brand Dirt Is Good (Persil, Skip, Omo). The experiences & confidence I built in leading projects during my placement year was so important to growing my own confidence and personal development, and is the key reason I wanted to return to Unilever after finishing university.

Joshua Hill Industrial Placement Programme

As an apprentice in Finance I worked in the Global Finance Excellence Team. I was assigned to the Home Care category and worked in budgets. My day-to-day role was to manage the forecast and make sure my team correctly spent the allocated brand marketing investments and overheads in the designated time. I decided to join Unilever full time as I really enjoyed the team I worked in and wanted to push myself for a more senior role in the business and learn more about finance. I am currently on my third role in Unilever which is "Fabric Cleaning Finance Business Partner" where I help to drive the multiyear innovation agenda for Home Care by creating business cases. My apprenticeship opened my eyes to how the finance function works in a global company. I also learned valuable technical and soft skills to collaborate with stakeholders across the business and make an impact.

Tyrone Midson L4 Professional Accountancy Apprenticeship



FAQs



Does my degree have to relate to the programme I apply for?

We accept all degree levels and discipline qualifications, except for schemes in Research and Development (R&D). For R&D, we require a strong technical qualification in a Chemical, Biological, Physical or Food-related Science. We also accept Chemical/Material and Engineering-related disciplines.



If I've previously applied, can I apply again?

Yes, you can apply for the next cycle.
Please look out for updates on our
website around go live dates.



What's your policy on visa sponsorship?

For our UFLP programme candidates must have the continuous right to work in the UK. For our IP and Apprenticeships programmes you must have the right to work for the duration of the programmes. Any offer of employment is conditional upon this requirement being satisfied. Unilever UK does not provide sponsorship to undergraduates and graduates trying to obtain the right to work in the UK.



Is there an application deadline?

Our applications open once a year and work on a rolling basis, which means that as soon as we reach the required number of applications, we will close the process for that role/business area. Therefore, we advise applying as early as possible once applications go live to avoid disappointment.



I applied, now what?

Once you have applied, you will go through a number of online assessments. Should you be successful, you will then be invited to a Discovery Centre. You can see the candidate journeys here: Future Leaders, Industrial Placement, Apprenticeship



I haven't heard back. Have I been unsuccessful?

Due to the high number of applications, the screening process may take a little longer. We do not use AI when reviewing your application and a member of the recruitment team carefully reviews each and every application.

Whenever your application status changes, you will hear back from us. Please make sure to check your spam folder as well in case any communication from us lands there.



Will I receive feedback on my application?

Due to the volume of applications we receive, we only provide detailed feedback following Discovery Centres.



Can I apply for more than one role?

You may only apply to one function in your application.



Reasonable adjustments

If you do need any reasonable adjustments, please inform the Talent Acquisition team who will contact you to discuss the accessibility options available. E.g. If required extending time spent in any 'timebound' assessments/interviews. We also provide accessibility options such as magnifying glass, increasing/decreasing the font size, change font & colour, screen ruler, and screen mask for everyone who would require them.

Apply Today

After hearing all about Unilever and our programmes on offer, if you feel that Unilever is the perfect place to build your career we would love see your application!

Applications open for our Unilever Future Leaders Programme on Monday 15th September 2025, Industrial Placement programme on Monday 13th October 2025, and our Apprenticeship Programmes open on Monday 20th October 2025.

Our applications close on a rolling basis so we recommend to apply as soon as possible to avoid disappointment, as once we reach our application numbers we close the roles!

You can stay up to date with what is going on by registering your interest here for our programmes:

https://careers.unilever.com/uk-futurecareers





