

Internal Medicine Residency Program

St. Joseph's Medical Center

Current Residents | PGY-1



Nabeel Riaz Ahmed, MBBS

Hometown: Fremont, California
Medical School: Dow International Medical College
Previous Lives: Clinical research assistant
Professional Interests: Inpatient medicine, primary care, critical care
Hobbies: Table tennis, powerlifting, traveling and spending time with family



Sasank Aramandla, DO

Hometown: San Ramon, California
Medical School: Kansas City University College of Osteopathic Medicine
Previous Lives: Laboratory associate, tutor, researcher
Professional Interests: Cardiology, internal medicine and medical technology
Hobbies: Software, board games, video games, fitness, music and teaching



Mahekdeep Bhatti, DO

Hometown: Fresno, California
Medical School: Touro University Nevada College of Osteopathic Medicine
Previous Lives: Certified nursing assistant
Professional Interests: Internal medicine, critical care medicine
Hobbies: Reading, sketching, hiking, trying new coffee shops and spending time with family and friends



Laura Bliatout, MD

Hometown: Elk Grove, California
Medical School: Ross University School of Medicine
Previous Lives: Graphic designer, medical assistant
Professional Interests: Internal medicine, critical care medicine
Hobbies: Gardening, crafting, reading, watching movies and collecting trinkets



Dana Chen, DO

Hometown: Santa Clara, California
Medical School: A.T. Still University School of Osteopathic Medicine in Arizona
Previous Lives: Medical assistant
Professional Interests: Internal medicine
Hobbies: Traveling, live music, workout classes and spending time with cats



Timothy De Dios, MD

Hometown: Rocklin, California
Medical School: University of the East Ramon Magsaysay Memorial Medical Center College of Medicine
Previous Lives: Ophthalmic technician, medical assistant
Professional Interests: Hospital medicine, primary care
Hobbies: Cooking, traveling, outdoor adventures, golf and tennis



Michael Gerami, MD

Hometown: Elk Grove, California
Medical School: American University of the Caribbean School of Medicine
Previous Lives: Family furniture business
Professional Interests: Hospital medicine
Hobbies: Hiking, photography and artificial intelligence systems



Chethan Raj Gundoji, MBBS

Hometown: Telangana, India
Medical School: Government Medical College, Nizamabad
Previous Lives: Medical officer
Professional Interests: Primary care, hospital medicine, gastroenterology, hematology and oncology, and exploring other specialties
Hobbies: Cricket, basketball, traveling, dancing, watching movies and spending time with friends and family



Eliz Hasbay, MD

Hometown: St. Paul, Minnesota
Medical School: Yeditepe University
Previous Lives: Tennis player, research collaborator
Professional Interests: Internal medicine, geriatrics, primary care and exploring other specialties
Hobbies: Weight training, hiking, tennis, golf, traveling, long-distance running and spending time with family and friends



Stephen Janda, DO

Hometown: Newman, California
Medical School: Touro University California College of Osteopathic Medicine
Previous Lives: Tutor, researcher
Professional Interests: Endocrinology, gastroenterology, critical care and hospital medicine
Hobbies: Swimming, basketball, hiking, traveling, playing electric guitar and spending time with family and friends



Elizabeth Kaur, MD

Hometown: Stockton, California
Medical School: Columbus Central University School of Medicine
Previous Lives: Event organizer, tutor
Professional Interests: Hospital medicine
Hobbies: Reformer Pilates, running, gardening, hiking, traveling and attending concerts



Ravanjit Kaur, MBBS

Hometown: Manteca, California
Medical School: Punjab Institute of Medical Sciences and Research
Previous Lives: Physician, medical officer
Professional Interests: Endocrinology, hospital medicine
Hobbies: Traveling, cooking, cycling and spending time with family and friends



Ayesha Khan, MBBS

Hometown: Stockton, California
Medical School: Bannu Medical College
Previous Lives: Artist, medical officer
Professional Interests: Hospital medicine
Hobbies: Art, calligraphy, do-it-yourself projects, photography, gardening, baking, cooking and traveling



Tonio Lawson-Hellu, MD

Hometown: Tampa, Florida
Medical School: Ross University School of Medicine
Previous Lives: Patient care technician
Professional Interests: Preventive medicine, cardiology
Hobbies: Soccer



Miko Marbella, MD

Hometown: Winston-Salem, North Carolina
Medical School: St. Luke's Medical Center College of Medicine-William H. Quasha Memorial
Previous Lives: Medical scribe
Professional Interests: Inpatient medicine, outpatient medicine, critical care and cardiology
Hobbies: Professional dad, basketball, working out, tennis, music and eating!



Colena Mau, DO

Hometown: San Ramon, California
Medical School: California Health Sciences University College of Osteopathic Medicine
Previous Lives: Medical scribe
Professional Interests: Allergy and immunology, pulmonary and critical care medicine
Hobbies: Escape rooms, LEGO, dancing, piano, board games and video games



Sreya Molakalapalli, MBBS

Hometown: San Ramon, California
Medical School: Sri Ramachandra Institute of Higher Education and Research
Previous Lives: Clinical trial manager, boba barista
Professional Interests: Primary care, preventive cardiology, population health and health equity
Hobbies: Classical and contemporary dance, basketball, interior design and traveling



Erika Rabara, MD

Hometown: Vigan, Philippines
Medical School: University of Santo Tomas Faculty of Medicine and Surgery
Previous Lives: Medical scribe
Professional Interests: Primary care
Hobbies: Watching films, traveling and documenting experiences



Krishna Sai Kiran Sakalabaktula, MBBS

Hometown: Tekkali, India
Medical School: Rangaraya Medical College
Previous Lives: Medical officer and tutor
Professional Interests: Hospital medicine
Hobbies: Playing guitar, acoustic music, traveling, hiking, cricket and table tennis



Tejaswini Takkellapati, MBBS

Hometown: Hyderabad, India
Medical School: Mamata Medical College
Previous Lives: Research associate
Professional Interests: Cardiology, pulmonary and critical care medicine
Hobbies: Cooking, hiking, reading and crocheting