



Dignity Health®

A member of CommonSpirit

Redding, California

A place to learn, live and belong.

Redding offers a unique training and living experience in Northern California, with access to rivers, lakes, mountains and national parks. The community combines small-city convenience, natural beauty and year-round outdoor recreation.



LOCATION

Northern California

LIFESTYLE

Outdoors-focused and community-oriented

SETTING

River, lakes and mountain access

Why Redding

Residents and trainees learn in a regional hub surrounded by natural landmarks and outdoor destinations, while staying connected to the people and communities they serve.

Regional connection

A Northern California community with local character, practical amenities and strong ties across the surrounding region.

Outdoor access

Trails, lakes, rivers and mountain recreation are nearby, making it easy to step outside and reset.

Weekend exploring

Lassen Volcanic National Park, Mount Shasta and Whiskeytown are within reach for day trips and weekend getaways.

Recharge in every season

From river trails to lake days and mountain adventures, the Redding area makes it easy to spend time outdoors throughout the year.

Things to do nearby

- Hiking, biking and walking trails
- Fishing, boating and kayaking
- Waterfalls, scenic drives and lake recreation
- Camping, snow play and mountain getaways



Arts, culture and community

The Redding area is home to local music, community events, farmers markets, parks and regional attractions. For trainees and families, the area offers space to live, train and serve with purpose.