

Sacramento, California

A place to learn, live and belong.

Sacramento offers a vibrant training and living experience in California's capital city. Located between San Francisco and Lake Tahoe, the community combines diverse neighborhoods, a strong food and arts scene and year-round outdoor access.



LOCATION

Between San Francisco and Lake Tahoe

LIFESTYLE

Urban, diverse and connected

SETTING

California capital

Why Sacramento

Residents and trainees learn in a diverse urban community with access to hospitals, clinics and community partners across the region. The setting offers many ways to recharge while staying connected to the communities they serve.

Diverse neighborhoods

A connected region with cultural richness, local character and communities across the Sacramento area.

Food, arts and sports

Farm-to-fork dining, local arts, entertainment and professional sports are part of everyday life in Sacramento.

Easy day trips

Lake Tahoe, San Francisco and Napa Valley are within reach for weekends away.

Recharge in every season

From river trails and city parks to nearby mountain getaways, the Sacramento area makes it easy to stay active and recharge throughout the year.

Things to do nearby

- Farm-to-fork dining and local markets
- Biking, running trails and water activities
- Lake Tahoe, Napa Valley and San Francisco
- Sporting events with Sacramento Kings, River Cats and Republic FC



Arts, culture and community

Sacramento is home to local music, theater, museums, festivals, professional sports and community events. For trainees and families, the area offers a welcoming place to live, train and serve.