



Welcome to Ballina

A guide to your
new home &
workplace



Aged Care

Ballina, NSW

Be at the heart of it in Ballina.

Living in Ballina, New South Wales, offers a unique blend of coastal charm and relaxed, community-oriented lifestyle. Nestled along the Richmond River and boasting some of the most beautiful beaches in the region, Ballina is a haven for outdoor enthusiasts.

Ballina has a mild, subtropical climate that makes outdoor activities like surfing, fishing, boating, and hiking accessible year-round. The town's proximity to both the ocean and lush hinterland provides ample opportunities for exploring natural attractions, including the nearby Cape Byron Marine Park and the scenic coastal trails.

Ballina's blend of natural beauty, community engagement, and modern conveniences creates a fulfilling and balanced lifestyle for its residents.



Ballina is the site of Australia's first scheduled airline service, with Western Australia Airways operating between Ballina and Sydney in 1928.



110

km from
Brisbane

46k

residents

20°C to 28°C

Summer
temps



The traditional custodians of the land where Ballina is located are the Bundjalung people and have lived in Ballina for thousands of years.

Your new workplace in Ballina

Welcome to Ballina! And thanks for your interest in our home and team.

Welcome to Bupa Ballina, a beautiful care home set in the scenic seaside town of Ballina on the North Coast of NSW. Our location is amazing, with beautiful beaches and brilliant scenery that we try to enjoy as much as possible, in and out of work.

Ballina is a close-knit, community driven home where we regularly reach out to help our neighbours with initiatives such as free blood pressure checks in the local mall to ensure they know Bupa is here, and we care.

We have a wonderful team of bubbly, friendly and caring staff who work together in a safe space to make meaningful impact to our residents and their families.

We are dedicated in our support of team members career ambitions and many team members have progressed, some from our catering team up to Lifestyle and Wellbeing Officers.

When we have a new starter, we like to welcome them with a morning tea and even put up their flag if from overseas; we love to learn all about where you're from!

We can't wait to work with you!



Living in Ballina offers a unique blend of coastal beauty, community warmth, and relaxed lifestyle. Residents of Ballina enjoy the best of both worlds, with access to stunning beaches, lush hinterland, and a range of outdoor activities, all while benefiting from a close-knit community and a welcoming atmosphere.

Public Transport

Public transport in Ballina primarily consists of bus services operated by Busways, providing transportation within the town and to neighbouring areas. The bus routes cover key areas such as the town centre, residential suburbs, shopping precincts, and educational institutions. These services offer a convenient way for residents to get around Ballina and access essential amenities and services.

Additionally, there are regional coach services connecting Ballina to nearby towns and cities, including Byron Bay, Lismore, and Tweed Heads. These services provide further connectivity for commuters and travellers wishing to explore the wider Northern Rivers region.

While Ballina does not have a train station, the nearby town of Byron Bay has a railway station serviced by the Byron Bay Railroad Company, offering scenic train rides to destinations such as North Beach and Byron Beach.

Overall, while public transport options in Ballina may be limited compared to larger cities, the bus services provided by Busways and regional coach services offer convenient transportation solutions for residents and visitors alike.



Airport

Ballina Byron Gateway Airport is the primary airport serving the town of Ballina, New South Wales, and the surrounding Northern Rivers region. Located approximately 5 kms from the town centre, Ballina Airport offers domestic flights to various destinations within Australia.

The airport provides essential air services, connecting Ballina to major cities such as Sydney, Melbourne, and Newcastle through airlines like Jetstar, QantasLink, and Regional Express (Rex).



Schools

Ballina, NSW, offers a range of educational options for students of all ages, including primary, secondary, and tertiary institutions.

Primary Schools

- Ballina Public School
- St. Francis Xavier Primary School
- Emmanuel Anglican College
- Ballina Coast High School (includes primary and secondary education)

Secondary Schools

- Ballina High School
- Emmanuel Anglican College
- Ballina Coast High School (includes secondary education)

Specialist Schools

- Southern Cross School Distance Education (for students undertaking distance education)

Tertiary Education

- North Coast TAFE (Ballina Campus): Offers vocational education and training courses.
- Southern Cross University (Gold Coast Campus): While not located directly in Ballina, Southern Cross University's Gold Coast campus offers tertiary education options for students in the region.

These are just a few examples of the educational institutions available in Ballina. Families have a variety of options to choose from, including government schools, private schools, and specialized educational programs, catering to different needs and preferences.

Dining & Nightlife

Dining and nightlife in Ballina offer a diverse range of options to suit different tastes and preferences. Here's a glimpse into what you can expect:

Seafood

Given its coastal location, Ballina boasts excellent seafood dining options. You can enjoy fresh seafood straight from the ocean at local restaurants and cafes.

Cafes and Bakeries

Ballina has a thriving cafe culture, with plenty of cozy cafes and bakeries serving up delicious coffee, pastries, and brunch options.

International Cuisine

Explore a variety of international flavors, including Italian, Thai, Indian, Japanese, and more, at the town's diverse range of restaurants.

Pub Fare

Traditional Aussie pub fare is readily available in Ballina, with many pubs offering hearty meals, craft beers, and live entertainment.



Bars and Pubs

Ballina has a selection of bars and pubs where you can unwind with a drink and enjoy live music or DJ sets. Some venues also offer pub trivia nights and other entertainment.

Live Music

Various venues host live music gigs featuring local bands and musicians, covering a range of genres from rock and blues to acoustic and indie.

Cocktail Bars

For a more sophisticated night out, you can visit cocktail bars in Ballina, where skilled bartenders craft creative cocktails using quality ingredients.

Events and Festivals

Throughout the year, Ballina hosts events and festivals that often include food and drink stalls, live music, and entertainment, providing opportunities to socialize and enjoy the town's vibrant atmosphere.

And not forgetting, Ballina is a short distance to Byron Bay, which is famous for its food, bars and nightlife.

Employment Opportunities for your family

Ballina, like many regional cities in Australia, offers a range of employment opportunities across various industries.

Tourism and Hospitality

With its stunning beaches, coastal lifestyle, and proximity to popular destinations like Byron Bay, Ballina has a thriving tourism industry.

Employment opportunities in this sector include roles in hotels, resorts, restaurants, cafes, tour companies, and attractions.

Retail

Ballina has a variety of retail establishments, including shops, boutiques, and shopping centres, offering employment opportunities in retail sales, customer service, management, and administration.

Healthcare and Aged Care

The healthcare sector in Ballina includes hospitals, medical centres, aged care facilities, and allied health services, providing employment opportunities for doctors, nurses, allied health professionals, support staff, and caregivers.

Education

Ballina has primary and secondary schools, as well as educational institutions offering vocational training and tertiary education. Employment opportunities in education include teaching, administration, support staff, and management positions.

Construction and Trades

The construction industry in Ballina supports residential, commercial, and infrastructure projects, offering employment opportunities for builders, tradespeople, engineers, project managers, and construction workers.



Agriculture and Agribusiness

The Northern Rivers region is known for its agricultural production, including crops such as sugar cane, macadamia nuts, and tropical fruits. Employment opportunities in agriculture and agribusiness include farm work, processing, distribution, and agricultural services.

Professional Services

Ballina has a range of professional service providers, including accounting firms, legal practices, real estate agencies, and consulting firms, offering employment opportunities for professionals such as accountants, lawyers, real estate agents, and consultants.

Government and Public Administration

Local government offices, as well as state and federal government departments, provide employment opportunities in areas such as administration, policy development, planning, regulatory services, and community services.

Shopping

Shopping in Ballina offers a delightful mix of options, catering to both locals and visitors alike.

Local Boutiques and Shops

Ballina boasts a charming array of local boutiques and specialty shops, offering unique fashion finds, accessories,



homeware, gifts, and artisanal goods. Explore the town's streets to discover hidden gems and support local businesses.

Shopping Centres

Ballina Fair and Ballina Central are two major shopping centres in the town, featuring a diverse range of stores including supermarkets, department stores, fashion retailers, electronics outlets, beauty salons, and more. These centres provide convenient one-stop shopping destinations for residents and visitors.



Markets

Ballina hosts regular markets where you can browse stalls selling fresh produce, gourmet food, handmade crafts, clothing, jewelry, and other goods. Markets such as the Ballina Markets, Farmers Markets, and Riverside Markets offer a vibrant shopping experience and the chance to support local producers and artisans.

Big Brands and Chains

In addition to local boutiques and specialty stores, Ballina also has branches of major retail chains and brands, offering familiar shopping experiences for those seeking popular brands and products.

Convenience Stores and Essentials

There are numerous convenience stores and specialty shops scattered throughout Ballina, providing residents with easy access to everyday essentials, groceries, household items, and services.

Major Supermarkets:

- **Coles:** There are several Coles supermarkets located across Ballina, offering a wide range of groceries, fresh produce, household items, and more.
- **Woolworths:** Woolworths also has multiple supermarkets in Ballina, providing a variety of grocery products, fresh foods, and household essentials.
- **Aldi:** Aldi is another popular supermarket chain with stores in Ballina, known for its affordable range of groceries and household items.



Parks & Recreation

Ballina, NSW, offers a range of parks, beaches, and recreational facilities, providing residents and visitors with opportunities for outdoor activities and relaxation.

Shaws Bay

Shaws Bay is a popular waterfront reserve featuring calm waters ideal for swimming, kayaking, and paddleboarding. The parkland surrounding the bay offers picnic areas, barbecue facilities, and walking paths, making it a great spot for a leisurely day out with family and friends.

Ballina Riverside Park

Located along the banks of the Richmond River, Ballina Riverside Park offers expansive green spaces, playgrounds, and picnic facilities. Visitors can enjoy riverside walks, cycling paths, and scenic views of the river and surrounding wetlands.

North Creek Estuary

North Creek Estuary is a picturesque waterway perfect for kayaking, fishing, and birdwatching. The estuary is surrounded by mangroves and salt marshes, providing habitat for various bird species and marine life.



Pat Morton Lookout

Situated atop Lennox Point, Pat Morton Lookout offers panoramic views of the coastline, including popular surf breaks such as Lennox Point and Boulders Beach. The lookout is a prime spot for whale watching during the annual migration season.

Southern Cross University Recreation and Aquatic Centre

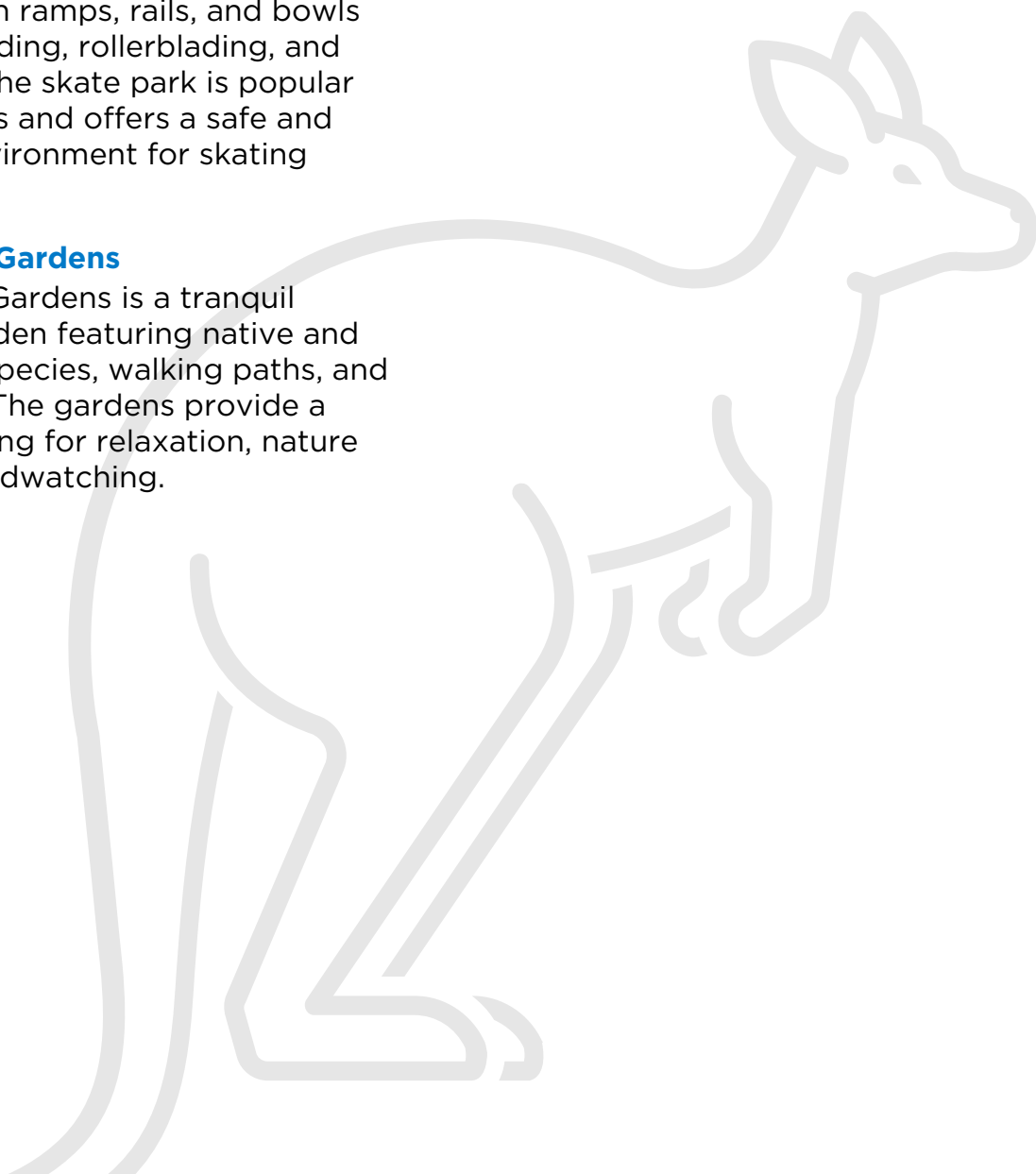
The Southern Cross University Recreation and Aquatic Centre (SCURAC) offers a range of fitness facilities, including a gym, swimming pool, group fitness classes, and sports courts. The center is open to the public and provides opportunities for exercise and recreation.

Ballina Skate Park

Ballina Skate Park is a modern facility equipped with ramps, rails, and bowls for skateboarding, rollerblading, and BMX riding. The skate park is popular among youths and offers a safe and enjoyable environment for skating enthusiasts.

Bicentennial Gardens

Bicentennial Gardens is a tranquil botanical garden featuring native and exotic plant species, walking paths, and picnic areas. The gardens provide a peaceful setting for relaxation, nature walks, and birdwatching.



Things to do in Ballina



Shaw's Bay



Ballina Riverwalk



Ballina Beaches



Ballina Farmers Market



Watersports on Lake Ainsworth



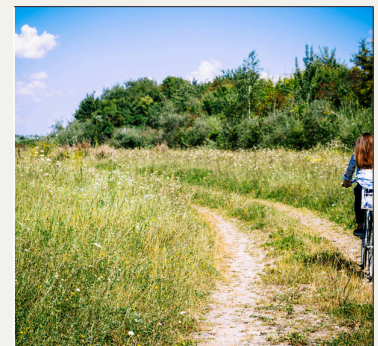
Visit Byron Bay



Visit Brisbane



Byron Bay Wildlife Sanctuary



Cycling and bike rides



Useful links

Local Council

<https://ballina.nsw.gov.au/>

Social & Community

[Ballina Community Facebook Group](#)

Australian Bureau of Statistics

For census and cost of living data
<http://www.abs.gov.au/>

Property

realestate.com.au
domain.com.au

Bupa Links

[Bupa Care Services Australia.](#)

Here you will find information about each of our care homes and more about working for Bupa.

[Avature](#)

Login to update your profile and check the status of your application

[Bupa Careers](#)

[Why Bupa](#)



Bupa respectfully acknowledges the Traditional Custodians of the land on which we live and work. We pay our respects to Elders past, present, and emerging – for they hold the memories, the traditions, the culture and the hopes of Aboriginal and Torres Strait Islander peoples across the nation.

