



Welcome to Mount Sheridan

A guide to your
new home &
workplace



Aged Care

Mount Sheridan, QLD

Be at the heart of it in Mount Sheridan.

Living in Mount Sheridan, Queensland, offers a relaxed suburban lifestyle with easy access to amenities and natural attractions. Situated just south of Cairns, Mount Sheridan is a family-friendly suburb known for its leafy streets, parks, and friendly community atmosphere. Residents enjoy a peaceful setting surrounded by lush tropical landscapes while still being within close proximity to Cairns CBD and its array of services and entertainment options. Mount Sheridan offers a range of amenities including shopping centres, schools, sports facilities, and parks, making it an ideal location for families and individuals seeking a suburban lifestyle with urban conveniences.



Mount Sheridan is named after the Australian explorer William Sheridan, who played a significant role in the exploration and development of the Cairns region in the late 1800s.



9

km from Cairns
CBD

7k

residents

31°C to 32°C

Summer
temps



Mount Sheridan is situated on the traditional lands of the Gimuy Walubara Yidinji people, who are the Traditional Owners and custodians of the area.

Your new workplace in Mount Sheridan.

Welcome to Mount Sheridan! And thanks for your interest in our home and team.

Welcome to Bupa Mount Sheridan, set within lush tropical surrounds with views of the mountains, it's a picturesque place to call home.

Bupa Mount Sheridan is a family orientated home driven by community. We have plenty of involvement them, regularly taking trips out to the shops, cafes, local men's club or the beaches. For those residents who don't want to leave the home we bring the community to them. We have an in-house café where residents and staff can have a cup of coffee whilst enjoying each other's company and sharing stories. Our local animal shelter visit us regularly, as do students from local schools.

Our residents and staff all enjoy the interactions they get with wither the animals or kids when they come to visit, and the smiles are priceless - from the team and residents!

Bupa Mount Sheridan's culture is an open-door policy; everyone has space to provide feedback. Management is visible and supportive; we work as one team to provide the best care while enjoying our work and ensuring we all feel supported with room to grow.

We can't wait to work with you!



Living in Mount Sheridan offers a tranquil suburban lifestyle with convenient access to Cairns city amenities and beautiful natural surroundings. This family-friendly suburb boasts leafy streets, parks, and a close-knit community atmosphere, making it an ideal location for those seeking a peaceful yet well-connected place to call home in Far North Queensland.

Public Transport

Bus

Public transport options in Mount Sheridan are primarily provided through bus services operated by TransLink, which is part of the Queensland Government's public transport network.

Bus services connect the suburb to Cairns CBD and other nearby areas.

The main bus route serving Mount Sheridan is the 141 bus operated by Sunbus Cairns. This route runs regularly throughout the day, providing convenient access to Cairns city centre, shopping centres, and other destinations.

Trains

Train services in Queensland primarily operate along the coastal and inland railway networks, connecting major cities and regional centres across the state. However, the nearest train station to Mount Sheridan would be in Cairns city, where the Cairns Railway Station serves as a hub for Queensland Rail's services, including the Kuranda Scenic Railway and long-distance train services to destinations like Brisbane.

For residents of Mount Sheridan and surrounding areas, the most common mode of transportation is by private vehicle, taxi, or bus. The bus network provides essential public transport services within Cairns and its suburbs, offering convenient access to amenities, shopping centres, schools, and recreational areas.



Airport

The nearest airport serving Mount Sheridan and the surrounding areas near Cairns, Queensland, is Cairns Airport. Cairns Airport is located approximately 13 kms north of Mount Sheridan and is the primary gateway for domestic and international flights to and from Far North Queensland.

Cairns Airport features amenities such as cafes, restaurants, duty-free shops, currency exchange services, car parking, and accommodation options nearby for travellers' convenience.

Schools

Mount Sheridan and its surrounding areas near Cairns, Queensland, offer a range of schooling options for families with children.

Primary Schools

Mount Sheridan and neighbouring suburbs have several primary schools providing education from Prep (Foundation) to Year 6.

Examples of primary schools in the area include:

- Mount Sheridan State School
- Trinity Anglican School (White Rock Campus)
- St. Gerard Majella School (located in Woree)

Secondary Schools

For secondary education (Year 7 to Year 12), students in Mount Sheridan and nearby areas have access to secondary schools both within the suburb and in surrounding suburbs such as Bentley Park, Edmonton, and Woree. Some secondary schools include:

- Bentley Park College
- Trinity Anglican School (White Rock Campus)
- Cairns State High School (located in Cairns)

Private Schools

Families seeking private education options can consider prestigious private schools located within a

reasonable distance from Mount Sheridan. These schools often offer comprehensive academic programs and additional facilities. Examples include:

- Trinity Anglican School (White Rock Campus)
- St. Augustine's College (located in Springfield)

Special Education

Cairns offers specialised education options for students with disabilities or special needs. Schools such as Woree State Special School provide tailored programs and support services.

Transportation

Most schools in the area are accessible by public bus or private transport. Many families rely on carpooling or designated school bus services for transportation to and from school.

Early Learning Centres

Mount Sheridan and surrounding areas also have early learning centres and kindergartens offering pre-school education and childcare services for younger children.

Families in Mount Sheridan have the flexibility to choose from a diverse range of schooling options, including public, private, and specialised education, catering to different academic needs and preferences. It's advisable to research and visit schools to assess their suitability based on location, facilities, academic programs, and extracurricular activities before making enrolment decisions. Additionally, schools in the Cairns region often participate in community events and programs, fostering a strong sense of community engagement and support for families.



Dining & Nightlife

Mount Sheridan and its surrounding areas near Cairns, Queensland, offer a variety of dining and nightlife options for residents and visitors. While Mount Sheridan itself is primarily a residential suburb, there are nearby locations with vibrant dining scenes and occasional nightlife activities.

Cairns CBD

The Cairns city centre, located a short drive north of Mount Sheridan, is the hub for dining and nightlife in the region. Here you'll find a diverse range of restaurants, cafes, bars, and pubs offering various cuisines and atmospheres. The Esplanade and the streets around Lake Street are popular areas for dining and evening entertainment.

Bentley Park

This neighbouring suburb to Mount Sheridan has a selection of casual dining options such as cafes, takeaways, and family-friendly restaurants. It's a convenient spot for a relaxed meal close to home.

Edmonton

Another nearby suburb, Edmonton, offers a mix of dining choices including local eateries serving Australian and international cuisine. You can find cafes, bistros, and fast-food outlets here.

Mount Sheridan Plaza

The local shopping centre, Mount Sheridan Plaza, has a food court with various dining options ranging from quick bites to sit-down meals. This is convenient for residents looking for a casual dining experience without travelling far.

Cairns Esplanade

While not in Mount Sheridan but easily accessible from Cairns, the Cairns Esplanade offers waterfront dining experiences with views of Trinity Inlet. Here, you can enjoy seafood restaurants, cafes, and bars with a relaxed tropical ambience.

Nightlife in Cairns

For nightlife activities, Cairns CBD is the place to go. There are lively bars, pubs, and clubs where you can enjoy live music, DJs, and entertainment. The city's nightlife scene caters to different tastes, from laid-back venues to more energetic nightspots.

Special Events and Festivals

Throughout the year, Cairns hosts various food festivals, markets, and cultural events that showcase local cuisine and entertainment. Keep an eye out for events like the Cairns Festival and Taste of Cairns.

While Mount Sheridan itself may not have extensive dining and nightlife options, its proximity to Cairns and neighbouring suburbs ensures residents have easy access to a diverse culinary scene and occasional nightlife activities. Whether you're looking for a family dinner, a casual meal, or a night out on the town, there's something for everyone within reach of Mount Sheridan.



Employment Opportunities for your family

Mount Sheridan and its surrounding areas near Cairns, Queensland, offer a range of employment opportunities across various industries. While Mount Sheridan itself is primarily a residential suburb, residents benefit from proximity to Cairns and other nearby centres where employment opportunities are abundant. Here are some key industries and sectors that contribute to employment in the region:

Healthcare and Aged Care

The healthcare sector is a significant employer in Cairns and surrounding suburbs, including Bentley Park and Edmonton. Opportunities exist for healthcare professionals, including doctors, nurses, allied health professionals, and aged care workers.

Tourism and Hospitality

Cairns is a major tourist destination, and the tourism and hospitality industry is a key driver of the local economy. Employment opportunities can be found in hotels, resorts, tour operators, restaurants, bars, and cafes catering to tourists and locals alike.

Retail and Services

Mount Sheridan Plaza and other shopping centres in the region provide employment in retail and customer service roles. Opportunities exist in supermarkets, speciality stores, banks, pharmacies, and other service-oriented businesses.

Education

Schools, early learning centres, and tertiary institutions in Cairns and nearby suburbs offer employment opportunities for teachers, education support staff, and administrative professionals.

Construction and Trades

With ongoing development and infrastructure projects in the Cairns region, there are opportunities in construction, building trades, and related industries.

Government and Public Services

Local government offices, community services, and public administration sectors provide employment opportunities for administrative professionals, social workers, and public servants.

Transport and Logistics

Cairns serves as a transportation hub for goods and services in Far North Queensland. Jobs in transportation, logistics, and warehousing can be found in the area.

Manufacturing and Industry

Some industrial estates in nearby suburbs host manufacturing and industrial businesses, offering employment in manufacturing, production, and related fields.

Professional Services

Cairns supports a range of professional services such as accounting, legal, real estate, and consulting firms, providing employment for professionals with various skill sets.

Agriculture and Primary Industries

Rural areas surrounding Cairns engage in agriculture, farming, and primary industries, offering opportunities for agricultural workers and farmhands.



Shopping

Mount Sheridan and its surrounding areas near Cairns, Queensland, offer a variety of shopping options ranging from local convenience stores to larger shopping centres. While Mount Sheridan itself is primarily a residential suburb without major shopping precincts, residents benefit from nearby shopping centres and retail hubs. Here are some shopping destinations in and around Mount Sheridan:

Mount Sheridan Plaza

Located within Mount Sheridan, Mount Sheridan Plaza is the primary shopping centre serving the suburb and nearby residents. The plaza features a range of retail stores, supermarkets, speciality shops, cafes, and services such as a pharmacy and medical centre.

Edmonton Shopping Village

Edmonton, a neighbouring suburb, is home to Edmonton Shopping Village, a local retail hub offering a mix of shops, eateries, and services including a supermarket, bakery, and post office.

Bentley Park Shopping Centre

Another nearby shopping centre is Bentley Park Shopping Centre, which houses grocery stores, takeaway outlets, and essential services.

Cairns Central Shopping Centre

Located a short drive north in Cairns CBD, Cairns Central is the largest shopping centre in the region. It features a wide range of retail stores, department stores, supermarkets, cinemas, restaurants, and speciality shops.



Stockland Earlville

A bit further from Mount Sheridan but within easy reach, Stockland Earlville is a large shopping complex offering a diverse mix of retail stores, supermarkets, dining options, and entertainment facilities.

Local Markets

Cairns and surrounding suburbs host regular markets where residents can shop for fresh produce, handmade crafts, clothing, and artisan goods. The Rusty's Markets in Cairns are popular for fresh produce and gourmet food items.

Convenience Stores and Shops

Mount Sheridan and neighbouring suburbs have convenience stores, small supermarkets, and local shops that cater to everyday shopping needs. Residents of Mount Sheridan have convenient access to these shopping centres and markets for groceries, household essentials, fashion, electronics, and more.

Cairns CBD, being the regional hub, offers additional shopping opportunities with a wider selection of retail outlets, dining options, and entertainment venues. Whether shopping for daily necessities or indulging in retail therapy, there are plenty of options available within reach of Mount Sheridan.



Parks & Recreation

Mount Sheridan and its surrounding areas near Cairns, Queensland, offer a range of parks, recreational facilities, and outdoor attractions for residents and visitors to enjoy. Here are some notable parks and recreation spots in and around Mount Sheridan:

Mount Sheridan Plaza Park

Adjacent to Mount Sheridan Plaza, this park provides green space for relaxation, picnics, and outdoor gatherings. It features shaded seating areas and playground equipment for children.

Bentley Park Sports Complex

Located nearby, Bentley Park Sports Complex offers sporting fields for soccer, rugby league, and other outdoor activities. It's a popular spot for local sporting events and community games.

Mulgrave Settlers Museum and Park

This historical park in nearby Gordonvale showcases artefacts and exhibits related to the region's history. The park grounds are ideal for a leisurely stroll and learning about the area's heritage.

Cairns Golf Club

Golf enthusiasts can enjoy a round of golf at the Cairns Golf Club, which is situated within a short drive from Mount Sheridan. The club features a scenic course surrounded by tropical landscapes.

Goldfield Ashes Cricket Grounds

Hosting the annual Goldfield Ashes Cricket Carnival, this sports complex in nearby Gordonvale attracts cricket enthusiasts and spectators during the tournament.



Cairns Botanic Gardens

Although a bit further from Mount Sheridan, the Cairns Botanic Gardens offer expansive gardens, walking trails, and themed gardens showcasing tropical flora. It's a peaceful retreat for nature lovers.

Local Walking and Cycling Paths

Mount Sheridan and surrounding areas have walking and cycling paths along streets and through residential neighbourhoods, providing opportunities for exercise and outdoor recreation.

Beaches and Water Activities

While not directly in Mount Sheridan but within a reasonable drive, residents can access beautiful beaches along the Cairns coastline for swimming, snorkelling, and other water activities.

Lake Placid

Located northwest of Mount Sheridan, Lake Placid offers picnic areas, BBQ facilities, and kayaking opportunities in a picturesque rainforest setting.

Rainforest and Hiking Trails

Explore nearby rainforest areas and hiking trails within the region, including trails in the Cairns hinterland and nearby national parks like Barron Gorge National Park.

Things to do in Mount Sheridan



Cairns Botanical Garden



Rainforest Hikes



Cairns Golf Club



Mulgrave Settlers Museum



Goldfield Ashes Cricket Club



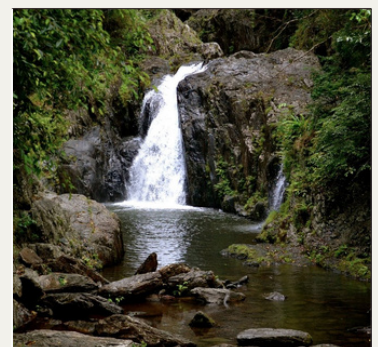
Lake Placid



Kuranda Village



Cairns Esplanade



Crystal Cascades



Useful links

Local Council

[Mount Sheridan Council Website](#)

Australian Bureau of Statistics

For census and cost of living data
<http://www.abs.gov.au/>

Property

[realestate.com.au](#)
[domain.com.au](#)

Bupa Links

[Bupa Care Services Australia.](#)
Here you will find information about each of our care homes and more about working for Bupa.

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Bupa respectfully acknowledges the Traditional Custodians of the land on which we live and work. We pay our respects to Elders past, present, and emerging – for they hold the memories, the traditions, the culture and the hopes of Aboriginal and Torres Strait Islander peoples across the nation.

