

# Canterbury Region



**Spectacular mountains and lively city life**

# Canterbury Region

Canterbury is a region on New Zealand's South Island marked by grassy plains, clear lakes, and snow-capped mountains. Its largest city, Christchurch, is famed for its art scene and green spaces.

Read more about what the Canterbury Region has to offer here:  
[Discover Canterbury Region](#)

## Citizens Advice Bureau locations

The Citizens Advice Bureau is a helpful external organisation that can help you understand your rights in New Zealand, find your local CAB here:

[CAB North Canterbury](#)

[CAB North Otago](#)

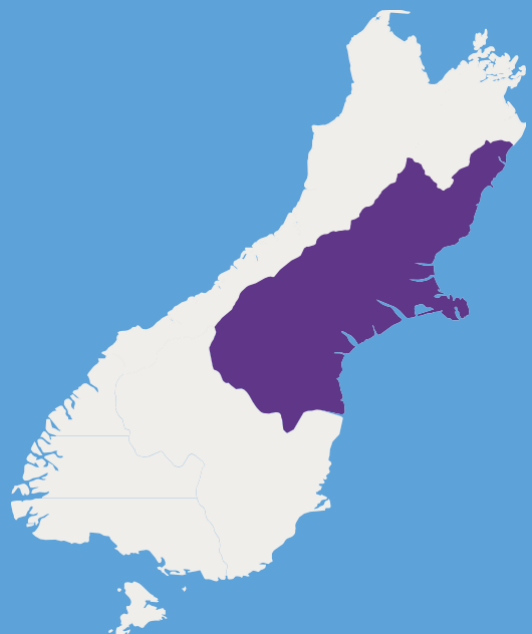
[CAB South Canterbury](#)

[CAB Queenstown](#)

[CAB Mid Canterbury](#)

[CAB Dunedin](#)

[CAB Christchurch](#)





## Canterbury Community Support Organisations

Organisation	What they offer
<a href="#">Community &amp; Public Health</a> >	<ul style="list-style-type: none"><li>• Parenting support</li><li>• Family support</li><li>• Elderly &amp; Child welfare services</li></ul>
<a href="#">Christchurch Multicultural Council</a> >	<ul style="list-style-type: none"><li>• Community interest groups</li><li>• Social services</li><li>• Support services</li><li>• Civil services</li><li>• Ethnic services</li></ul>
<a href="#">Christchurch Resettlement Services (CRS)</a> >	<ul style="list-style-type: none"><li>• Professional services</li><li>• Wellbeing services</li></ul>
<a href="#">Yellow Brick Road</a> >	<ul style="list-style-type: none"><li>• Mental well-being</li><li>• Multi-language assistance</li></ul>
<a href="#">Information Advice</a> >	<ul style="list-style-type: none"><li>• Community Law centres</li><li>• Local libraries</li><li>• Parent centres</li></ul>



## Interesting Websites and Blogs

Website	What they offer
<a href="#">Wiki</a> >	List of schools in the Canterbury Region
<a href="#">Canterbury New Zealand Regional Guide</a> >	Tourism guide for Canterbury
<a href="#">Christchurch - Canterbury 100% Pure New Zealand</a> >	Tourism page for Canterbury — Fun things to do!



## Bupa Retirement Village and Care Home Locations

Name		Location	Type
<a href="#">Bethesda</a>	>	Christchurch	CH
<a href="#">Parklands</a>	>	Christchurch	CH/RV
<a href="#">Ballarat</a>	>	Rangiora	CH/RV
<a href="#">Cashmere View</a>	>	Christchurch	CH/RV
<a href="#">Parkstone</a>	>	Christchurch	CH/RV
<a href="#">Ashford</a>	>	Christchurch	CH/RV

CH - Care Home RV - Retirement Village

