## SPOTon

Speech Physical Occupational Therapy newsletter | June 2017





### WE'RE NATIONALLY LOCALLY FOCUSED

Kindred Hospital Rehabilitation Services (KHRS) and RehabCare are the leading providers of rehabilitation services, including physical, occupational and speech-language therapies, to over 2,000 hospitals and long-term care facilities in 47 states. The SPOTon newsletter is our way of informing, recognizing and celebrating the students who form the future rehab therapist community.



#### QUOTES OF THE QUARTER pages 5 »







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## REHABCARE TEAM MEMBERS RECOGNIZED BY THEIR STATE ASSOCIATIONS!

#### Alexia Lairson Named Outstanding Clinical Educator



Congratulations to Alexia Lairson, PT/DPT for RehabCare, for being selected by the Ohio Physical Therapy Association (OPTA) as their Outstanding Clinical Educator for 2016! Alexia serves as the Rehab Clinical Leader and Center Coordinator of Clinical Education at Pebble Creek in Akron, OH. Kailin Leisure, Student Programs Intern, reached out to Alexia to get her insight on how she ensures the facility is an optimal learning environment.

"The job of a clinical instructor is to figure out how to effectively guide the student from the starting point to the finish line," Alexia said. "Each student learns a different way and is energized by the positive atmosphere and team approach."

We asked what advice Alexia has for current therapists in the field who are hesitant to take on students. "Acting as a clinical instructor requires a desire to share your skills and knowledge with someone else," she said, "You are ultimately shaping a future colleague in our profession."

Thank you, Alexia, for your passion to educate students and your continued support of Student Programs. We are thrilled that your hard work and dedication to patients AND students is being recognized!

#TheFutureLooksBright

#### **KOTA Highlights RehabCare Team Member!**



Congratulations to Kathy Adkins, OTR/L and Clinical Performance Specialist for RehabCare who was recently recognized by the Kentucky Occupational Therapy Association (KOTA) Board for kicking off their "KOTA Member Highlights," which regularly features the accomplishments and professional activities of the group's members. Kathy has been an occupational therapist as well as member of KOTA for 21 years and has been an active

member of AOTA since she was in school. As a member of KOTA and AOTA, Kathy has presented at state as well as national conferences. She has also served as a mentor to newly graduated occupational therapy professionals. Thank you, Kathy, for your continued leadership and dedication to the field of occupational therapy!

#TheFutureLooksBright



Alexia Liaison (CI) and Matt, her student from Walsh University, DPT Program.

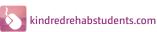
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## STUDENTS MAKE CONTRIBUTIONS THAT IMPACT OUR PATIENTS



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Mason's enthusiasm for people is infectious! He exhibited a courteous nature to our patients and treated them with respect while making their rehab experience fun!

These comments were shared with the Student Programs Team by Melissa Calaway, KHRS Program Director, about a student they wanted to recognize. Mason Reynolds, PT student at Harding University, recently completed a clinical internship at a Kindred Hospital Rehab Services location, National Park Medical Center in Hot Springs, Arkansas. During his rotation, Mason was awarded a certificate of appreciation by Melissa, who shared with the team that she received numerous positive comments about Mason on patient satisfaction surveys and wanted to recognize him for making such an impact as a student.

Mason responded, "I tried to approach each and every day the same way and that was by always trying to have a smiling face because you never know whose day you might make just by smiling at somebody. The impact I made on my rotation was one of positivity just by trying to be myself and always trying to be in a good mood and uplifting, no matter the situation, especially for my patients."

We asked Melissa and Mason what advice they would share with students completing clinical internships. Melissa said, "Impacting patient's lives is a mission that we all share. Any student willing to learn, participate, interact with staff and patients in a positive way with an attitude of servitude is a blessing to have." Mason added, "Try your best every day, and try to learn something different and new each day. You may be able to even learn things from professionals of other disciplines that can truly benefit you in your practice down the road."

Thank you to Melissa and her whole team at National Park Medical Center for their continued support and dedication to Student Programs. A special thank you and much-deserved congratulations to Mason for embodying all that a student completing a clinical internship should be.

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### WORD ON THE STREET



### Celebrating OT Month and the 100th AOTA Annual Conference

There was no better way to kick off OT Month than the AOTA Conference celebrating the group's 100th anniversary. Our booth was a hot spot again this year with OTs, OTAs and students in a frenzy to learn more about opportunities with Kindred and RehabCare. We enjoyed seeing familiar faces, including current and past employees as well as present and future clinical internship students! We celebrated AOTA's centennial year by sponsoring a number of conference events: student-only sessions, AOTA's centennial bash and exhibitor seminars. Special recognition to Jeanna Conder and Amy Ryan for providing two excellent seminars. We received compliments all weekend after the presentations. Thank you for making such an impact! Also, a big 'Thank You' to our booth representatives; Chris Hellman and Lisa Hayden from recruiting along with our great clinical and operations team members: Erik Painter, Esther Elfrink and Jeanna Conder, as well as all our volunteers including Sabrena McCarley, Becky Finni and Kim Karr who stopped by to help during our busy hours!







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### QUOTES of the QUARTER



Just finished up my clinical with RehabCare! Already missing the RehabCare family!

- Catherine SPT, RehabCare- St. Louis, MO



Thank you for allowing me to have a great experience on my first clinical rotation as a student physical therapist. The rehab team I worked with was awesome! I was able to witness how multiple disciplines work together in a hospital setting to provide quality patient care, and I learned so much from my CI and the rehab team. I appreciate how RehabCare is concerned about its students!

- Christie SPT, Kindred Hospital - Indianapolis South 66 -

I had the opportunity to complete my level IIB fieldwork for the occupational therapy assistant program at Kindred of NEFL and it was the most amazing experience of the entire program. The therapy team does an excellent job working together to achieve optimal health of the patient. I would love to become part of that team one day.

- Brandy OTAS at Kindred Hospital - North Florida





I feel I am a stronger therapist because of my time with this unforgettable clinical team.

- Kaitlin, OTS at RehabCare- Sarasota, FL



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